



# Preschool

|             |  |
|-------------|--|
| 7:30        | Welcome children, child's choice of table activities   |
| 8:30 - 8:45 | Circle time<br>(Morning greeting songs, calendar/weather, topic of the day, class jobs)                |
| 8:45 - 9:00 | Morning snack  |
| 9:15-10:15  | Outdoor Centers (Child directed activities)<br>(Science, sensory, art, math, dramatic play & movement) |
| 10:15-11:00 | Indoor Centers (Teacher directed activities)<br>(Theme based curriculum, language, writing & art)      |
| 11:30       | Clean up   |
| 11:40-12:00 | Circle time (refresh worktime topics, Music & movement)  |
| 12:15-12:45 | Lunch  |
| 12:45-1:00  | Bathrooms & meditation story transition  |
| 1:00-2:30   | Rest time (may extend until 3:00 for nappers)  |
| 2:30-3:00   | Outdoor Free Play (Alternative nap option)   |
| 3:00-3:30   | Teacher directed activities (Science, math, sensory)   |
| 3:30-3:45   | Snack & Clean up   |
| 4:00-5:00   | Indoor/Outdoor teacher directed activities<br>(Science, math, sensory)                                 |
| 5:00-5:15   | Story time & classroom clean up  |
| 5:30        | Have a good evening, center closes   |

**Healthy Habits:** Handwashing upon arrival, after potty, after outdoor play, messy play, lunch, snacks and as needed throughout the day.



## Hello Summer!

### YELLOW ROOM

|             |  |
|-------------|--|
| 7:30        | Welcome friends! Free choice time  |
| 8:00-8:50   | Child directed activities  |
| 8:50-9:00   | Morning greeting (Welcome Song/Transition to snack)  |
| 9:00-9:15   | Morning snack  |
| 9:20-10:15  | Outdoor Centers (Child directed activities)<br>(Science, sensory, art, math, dramatic play & movement) |
| 10:15-11:00 | Indoor Centers (Teacher directed activities)<br>(Theme based curriculum, language, writing & art)      |
| 11:30       | Clean up   |
| 11:40-12:00 | Circle time (refresh worktime topics, Music & movement)  |
| 12:15-12:45 | Lunch  |
| 1:00-3:00   | Rest time  |
| 3:00-3:30   | Teacher directed activities (Fine motor, tables, sensory)  |
| 3:30-3:45   | Afternoon snack & clean up   |
| 4:00-5:00   | Indoor/Outdoor teacher directed activities<br>(Science, math, sensory)                                 |
| 5:00        | Join Red Room for Storytime  |
| 5:30        | Have a good evening, center closes   |

**Healthy Habits:** Handwashing upon arrival, after potty/diapers, after outdoor play, messy play, lunch, snacks and as needed throughout the day.



# Hello Summer!

## BLUE ROOM

|             |  |
|-------------|--|
| 8:00        | Welcome friends to Blue Room!                                      |
| 8:00-8:45   | Indoor Centers   |
| 8:45-9:00   | Morning greeting (Morning songs, weather, storytime)               |
| 9:00-9:15   | Morning snack  |
| 9:30-10:15  | Outdoor activities (sensory, garden, blocks, large motor movement) |
| 10:15-11:15 | Teacher directed activity (Art, hands on activity, exploration)    |
| 11:15-11:45 | Music & Movement Group Time  |
| 11:45-12:00 | Story time   |
| 12:00-12:30 | Lunch  |
| 12:30-2:45  | Rest time  |
| 2:45-3:15   | Quiet wake up activities (sensory, blocks, fine motor, music)      |
| 3:15-3:30   | Afternoon snack & chat   |
| 3:30-4:15   | Center activities (sensory, blocks, dramatic play, free art)       |
| 4:15-4:45   | Outdoor play   |
| 4:45        | Blue Room closed   |
| 5:30        | Have a good evening, center closed                                 |

**Healthy Habits:** Handwashing upon arrival, after potty/diapers, after outdoor play, messy play, lunch, snacks and as needed throughout the day.